Fall 2015

# ANKENY COMMUNITY **EDUCATION** CATALOG

community ) challenge ) excellence ) inspiration ) leadership



**ACT Preparation** Pages 13-14

**Babysitting Clinic** Page 15

**Basic Woodworking** Page 3

Canvas and Cocktails Page 3

**Canvas and Cupcakes** Pages 12-13

**nErDcampIA** Page 11

Piloxing Pages 7-8

Study Smart Page 14

**Yoga for Kids Splash** Pages 14-15

Evening and weekend classes for all ages!



2 Quick Find

3 **Classes for Adults** 

12 **Classes for Youth** 

19 **Register for Classes** 

20 More Info



## **Quick Find:**

dult Enrichment F	Page
Arts & Crafts	3
Books	3
Cards	4
Computer & Technology	4
Dance	5
Family & Parenting5	- 6
Finance6	- 7
Fitness/Wellness7	- 9
History9-	10
Home & Gardening	10
Music	10
Nutrition10 -	11
Photography	11
Professional Development11 -	12
Special Interest	12

#### **Youth Enrichment**

Art & Crafts	.12 - 13
College Preparation	13 - 14
Entertainment Arts	14
Fitness/Wellness	.14 - 15
Nutrition	15
Special Interest	.15 - 16
S.T.E.M	.16 - 17

Ankeny Community Education 306 SW School Street Ankeny, Iowa 50023 karen.norton@ankenyschools.org

Office Hours: Monday-Friday 7:30 am to 4:30 pm

### Dear Ankeny Community,

The Ankeny Community Education Department wants to welcome you to a new season of courses! Our community is growing fast, and there are so many opportunities to discover!

Fall is a great time to energize yourself and your family by taking a course to help develop a new skill, stay active and healthy, enhance yourself professionally, or just experience new things and make new friends! Ankeny Community Education offers courses in various locations, as well as online courses.

Exciting new courses this season include *Canvas* and *Cocktails* or *Canvas* and *Cupcakes* at Bulldog Ceramics, new holiday nutrition courses by Prairie Trail Hy-Vee, an Iowa Capital Tour with Representative Kevin Koester, Holocaust exploration, paranormal interest and *Yoga for Kids* experience! New themes with Bricks 4 Kidz and Mad Science, as well as, courses in fitness/ wellness, college prep, finance, music and more! We are also thrilled to announce to certified teachers that nErDcampIA is back for another year!

Simplify your experience by utilizing the quick find on this page.



Α

### Adult Enrichment

#### Arts & Crafts



#### **Autumn Inspiration**

Explore art with an autumn theme. Try your hand with several media and have fun. Mixed media art uses more than one art technique for your autumn theme or creation. No art background needed, and all materials are included. Instructor: Ankeny Art Center

137929-Class Code Sat 9/19 10:00 am - 12:00 pm Ankeny Art Center \$50



#### **Basic Woodworking**

Basic woodworking is designed for those interested in learning basic fundamentals that can be used for all woodworking projects. You will be introduced to some general guidelines, tricks of the trade and a basic understanding of material selection. You will be given a project to build with step-by-step personal instructions to complete it. We will calm your apprehensions by focusing on the safety and operating procedures of many of the tools in the shop, such as the jointer, planer, table saw, band saw, drill press, router and several sanders. The skills you will learn in this class will help jumpstart your creativity onto more projects. This is a six hour, two session class of three hours each. Materials included. Instructor: DIY Woodshop

138987-Class Code Tu/W 10/13 - 10/14 6:00 pm - 9:00 pm DIY Woodshop \$150

# Canvas and Cocktails

Come "uncork your inner artist"! Bring your favorite beverage and learn to how to paint on a canvas we provide in a fun, relaxed atmosphere. Get ready to be inspired and guided step-bystep through a featured painting. Additional material fee of \$30.00 will be collected at class. Instructor: Bulldog Ceramics

137939-Class Code Sat 10/10 6:00 pm - 8:00 pm Bulldog Ceramics \$5

137942-Class Code Sat 11/14 6:00 pm - 8:00 pm Bulldog Ceramics \$5

137943-Class Code Sat 12/12 6:00 pm - 8:00 pm Bulldog Ceramics \$5



### Holiday Ornaments

Get together and have some fun making glass and tin holiday ornaments to take home. Instructor: Ankeny Art Center

137947-Class Code W 12/2 7:00 pm - 9:00 pm Ankeny Art Center \$20



Come and play! Enjoy projects in several media inspired by autumn. Mixed media art uses more than one art technique for your autumn creation.

Instructor: Ankeny Art Center

#### 137950-Class Code Sat 10/24 10:00 am - 12:00 pm Ankeny Art Center \$20



Has it been awhile since being in a shop? Never been

around power tools? No need to panic! This course is designed to introduce our shop to you. Come for an hour to get a step-by-step introduction to our entire arsenal of woodworking

equipment. See what they look like, hear how they sound, what they do and how to use them safely. Ask questions. The goal here is to make you comfortable around them. Instructor: DIY Woodshop

138988-Class Code Th 11/5 9:00 am - 10:00 am DIY Woodshop \$15

#### Books

#### Intro to the Bible

Explore the central message of the Bible chronologically from the beginning of man to Christ, starting with simple truths. No previous Bible knowledge is necessary as you will use an easy but logical approach. Through your interpretation the Bible is allowed to speak for itself. Instructor: Lounsbrough

138134-Class Code Tu 9/15 - 11/17 6:30 pm - 8:30 pm Northeast Room 104 \$25

#### pg 4

#### Cards

#### American Mah Jongg

Mah Jongg, a game that originated in China, is a fascinating rummylike game that you will play with tiles rather than cards. You are invited to be a part of a fun group as a beginner, intermediate or expert player. Instructor: Jarrell

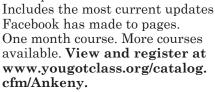
138175-Class Code M/W 11/9 - 11/18 6:00 pm - 8:30 pm Neveln Room 106 \$10

# Computers and Technology

#### Facebook for Business - Online

Find out what goes on behind the scenes on Facebook Pages and how to increase the chances that your message is seen and acted on. Discover new tools and proven techniques to increase business and expand your reach. Discuss how to adapt your marketing message for the Facebook platform and

how to integrate Facebook across all marketing areas. This is an advanced class and assumes you have started a page on Facebook and have some basic knowledge of the platform.



#### How To Use the Internet Basics -Online

Are you a "newbie" to the technological world of the Internet? A self-paced, basic, online course that is easy to follow in the comfort of your own home. Gain an introduction to cyberspace and learn the vocabulary of the Internet, netiquette and email. Learn to use search engines. It's never too late to learn how to use the Internet! Good for senior citizens to work one-onone with the instructor. Instructor: BDG Online

138182-Class Code 10/29 - 11/28 \$40

#### LinkedIn® for Business - Online

LinkedIn is the most popular business social network and the website for professionals to network, build business relationships and provide or receive referrals. Most people rarely get beyond setting up a profile and therefore miss out on all the advanced features that have come to make LinkedIn so popular. Learn how to set up your personal profile so that it gets noticed by others. Discover how LinkedIn can be used to generate leads, recruit new employees and find new jobs. This class will cover all the intricacies of LinkedIn to help you create, customize and optimize your presence on LinkedIn. One month course. More courses available. View and register at www. yougotclass.org/catalog.cfm/ Ankeny.

### Mastering Computer Skills for the Workplace - Online

Must-have skills to succeed in the workplace include the ability to create, edit and manage presentations in MS PowerPoint®, documents in MS Word®, email and calendars in MS Outlook® and spreadsheets in MS Excel®. Microsoft Office Suite® of applications is the most used software tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of MS Office change over time. Master the most common uses so that you can work faster and more efficiently and can take your computer skills from plain and drab to exciting and engaging. You will leave class with a set of skills that are a workplace requirement in today's fast paced ever-changing environment and will enable your future career success. One month course. More courses available. View and register at www. vougotclass.org/catalog.cfm/ Ankenv.



Learn how to set up and remove junk software demos. Install antivirus program and antimalware software. Learn basic PC operation. Instructor: Central Iowa Computer Users Group

138185-Class Code M 9/14 - 10/5 6:00 pm - 9:00 pm Neveln Room 205 \$50

138207-Class Code Th 9/17 - 10/8 1:00 pm - 5:00 pm Neveln Room 205 \$50

#### Twitter - Online

Twitter is a hot social media platform these days and everyone seems to be using it. Learn the best way to take advantage of the unique opportunities. Discover the best ways to create relationships and network with your key constituents. You will find out the best – and easiest – techniques for successful interactions in the Twitterverse. One month course. More courses available. **View and register at www.yougotclass.org/catalog. cfm/Ankeny.** 



#### Dance

#### Ballroom, Country and Swing Couples Class

Step it up and take center stage, come join our beginner class! High quality instruction will inspire and train gentlemen to lead and ladies to follow. Working with three of the following dances in a six week session: Fox Trot, Two Step, three types of Swing, Night Club II. Cha-Cha. Waltz. Rumba. Hustle and more. Questions? Contact the instructor with 20 years of experience at dancedsm@ aol.com. Couples preferred but singles are welcome. Instructor: Reynolds/Shedd

138208-Class Code Th 9/24 - 11/5 6:15 pm - 7:45 pm \*No class 10/8 Northeast Lunchroom \$100 couple/\$50 single

138209-Class Code Th 11/12 - 12/17 6:15 pm - 8:00 pm \*No class 11/26 Northeast Lunchroom \$100 couple/\$50 single

#### **Ballroom Dancing - Beginning**

Fretting over how you will look in that wedding video? Attending a class reunion and need to learn some new dance steps? You will experience the art of dancing at a slower pace for beginners. With over 55 years of teaching, you will benefit in dances to include Swing, Fox Trot, Waltz and Cha-Cha. No partner needed. Ages 14+. Instructor: Leonard's Dance Studio

138225-Class Code Tu 9/22 - 10/20 7:00 pm - 8:30 pm Terrace Gym/Lunchroom \$50 (individual) 138226-Class Code Tu 11/3 - 12/1 7:00 pm - 8:30 pm Terrace Gym/Lunchroom \$50 (individual)

#### Square Dance - Beginning

Square dancing is a great family fun activity for ages eight to eighty and beyond. Learn the movements used all over the world to modern and traditional music. Partners not required. Instructor: Ramberg

138972-Class Code Su 9/13 - 12/13 7:00 pm - 9:00 pm Parkview Lunchroom \$15

#### **Family and Parenting**

### A Parent's Guide to the IEP - Online

Help your child succeed in school. The federal Individuals with **Disabilities Education Act (IDEA).** was put in place to make sure that every child with a diagnosed disability gets the help he or she needs throughout their education process. Parents have significant rights as advocates for their child, both before any evaluation is done, as well as afterward, if the child is determined to have special needs. Find out what an Individual Educational Program or Plan (IEP) is. Understand these rights and learn how to assure your child is receiving the accommodation she or he needs. Parental advocacy is

essential for school success. One-month course. More courses available. View and register at www.yougotclass.org/catalog. cfm/Ankeny.

#### **Caregiving Tips - Online**

Are you facing the care of an elder person in your life? Gain tips on living arrangements, housing and transportation, health and nutrition, body changes and medication, government programs, insurance and legal affairs. Utilize this online opportunity to learn at your convenience in the privacy of your own home. Instructor: BDG Online

138227-Class Code Tu 9/17 - 10/17 \$40

#### Dementia Care - Online

As baby boomers age, the 21st century workforce is challenged to care for an exponentially growing population of persons with dementia. This course provides essential knowledge and understanding about neurological diseases that affect cognition and memory, and practical application of effective skills for supporting persons with dementia. Nearly all disciplines benefit from expertise in Dementia Care Specialists, as do families of persons with dementia. Come away with increased knowledge in how to care for persons with dementia. Expertise in this growing area of human services also enhances your resume. Two month course. More courses available. View and register at www.yougotclass.org/catalog. cfm/Ankeny.

> "Dance with Community Education was a great experience and perfect for a beginner like me!"



#### For Parents of Boys -Online

Boys learn differently than girls and face certain challenges in school. Find out how you can help vour son succeed more in school. Discover why males do 30% less school work than females, fidget more, like new and hard challenges, and more. Then take home nine tips for helping your boy learn and succeed more in school. You'll also find out something new about how you learn. Anyone interested is welcome to attend. eBook included. One month course. More courses available. View and register at www.yougotclass.org/catalog. cfm/Ankeny.

## How to Get Kids to Mind Without Losing Yours

Wouldn't it be great if there were a program that could get kids selfmotivated to follow the rules the first time they are told? There is, and this is it! For over 15 years, Jim Garnett, nationally certified parent trainer, has been teaching parents, grandparents, childcare providers and educators how to do that very thing. This came as a result of using the program in his own home and seeing how easy, effective and emotion-free it was! Includes the training workbook (or other workbook of your choice) Instructor: Smart Discipline

138231-Class Code Tu 10/13 6:30 pm - 8:30 pm Prairie Ridge Lunchroom \$28 single/\$38 couple



#### Parenting Gifted Children - Online

Raising gifted children in an educational climate where the focus is on mass proficiency and "gradelevel outcomes" make it difficult to challenge students who are academically advanced. You will learn how to accommodate your children's academic, and socialemotional needs, both at home and school, while staying sane in the process. One month course. More courses available. View and register at www.yougotclass. org/catalog.cfm/Ankeny.

#### Success with Aging Parents -Online

Know more about taking care of your loved one. Geared towards family and friends of an elderly person, including spouses/ significant

others, parent-child,

elder-other relative, friends, even long-distance caregivers. You will get essential information that caregivers or care partners need to know as you care for an older adult. Learn how to prepare for changes in personal relationships when taking on caregiving roles. Improve your understanding of resources and the long-term care services and supports available. Come away with a developed confidence in techniques in assisting others with variety of needs. This course will also be useful for health program students and emerging professionals. One month course. More courses available. View and register at www.yougotclass. org/catalog.cfm/Ankeny.

> "Helpful instruction in a friendly atmosphere that gave us powerful information about Medicare."

#### Finance

#### Financial Planning for Families with Special Needs or Disabilities

Are you the parent of a child with special needs and/or disabilities and have questions about their financial future? You don't know where to start or are worried that what you have already done makes sense?

This can be overwhelming. A Life Care Plan may help with this uncertainty. A Life Care Plan is a coordinated program of future care planning, financial and legal strategies. Instructor: Connect the Dots 4 Life

138242-Class Code Th 10/15 7:00 pm - 9:00 pm Parkview Room 105 \$10

#### Foundation of Investing

Are you looking for information on how to provide security for your future? You will get geared up as you learn an overview of investing, including key terms and investment types. Basic features of bonds, stocks, mutual funds and asset allocation will be covered. Instructor: Edward Jones®-Trosper

138243-Class Code M 10/26 6:30 pm - 7:30 pm Northeast Room 104 \$20

#### Welcome to Medicare

Nearing retirement with questions about Medicare? This workshop will help individuals understand Medicare coverage including Medicare Parts A and B, Medicare supplement plans, Medicare Advantage plans and Part D. Presented by SHIIP (Senior Health Insurance Information Program), a service of the Iowa State Insurance Division. SHIIP is a free, confidential, volunteer service that does not recommend or endorse any insurance product, company or agent. Instructor: SHIIP - Shaw

138247-Class Code Th 11/12 6:30 pm - 8:00 pm Neveln Dining Room 106 \$FREE

#### Fitness/Wellness

#### **Group Ride**

Everyone finishes first in *Group Ride*! Pedal in groups, roll over hills, chase the pack, climb mountains and spin your way to burning calories and strengthening your lower body. This 60-minute cycling program is geared for anyone that can ride a stationary bike. Motivating music, awesome instructors and an inspiring group environment lets you ride on, all season long. Instructor: Fitness World Prairie Trail Spin Studio

138264-Class Code Sun 9/20 - 10/25 2:30 - 3:30 pm Fitness World Prairie Trail \$45

138269-Class Code M 9/21 - 10/26 5:00 pm - 6:00 pm Fitness World Prairie Trail \$45

138271-Class Code W 9/23 - 10/28 6:30 - 7:30 pm Fitness World Prairie Trail \$45

138274-Class Code Sun 11/1 - 12/6 2:30 - 3:30 pm Fitness World Prairie Trail \$45 138277-Class Code M 11/2 - 12/7 5:00 pm - 6:00 pm Fitness World Prairie Trail \$45

138287-Class Code W 11/4 - 12/16 6:30 - 7:30 pm \*No class 11/25 Fitness World Prairie Trail \$45

#### Jogging/Walking

Participants may run or walk in this self-directed pace and program. This class is open to adults only. Please call for access to the facility.

138295-Class Code M-W-F 10/5 - 12/14 5:00 am - 7:00 am \*No class 11/27 Northview Balconies \$25

#### Mini Core

Are you looking to strengthen the core of your body? During 20-minute meetings, this class will work the muscles of the torso, as well as the muscles in your limbs; but always concentrating on the powerhouse and central core of the body as the origin of all movement. This class will draw on Pilates and other core-focused exercise models, while enabling you to increase functional muscle strength. This class may be taken by itself, or as a warmup to the Wednesday 1:00 pm Yoga for Mind and Body class. Bring an exercise mat. a towel and water. Optional: light hand weights (one

or two lbs.). Instructor: Walter-Ashby

138308-Class Code W 9/16 - 12/9 12:30 pm - 12:50 pm \*No class 10/28 & 11/25 Neveln Room 303 \$11

#### Mini Core/Yoga Stretch Combo

Join us for a class using two highly effective and complimentary regimens: a two-for-one! For the first 20-30 minutes of each class the focus will be on the powerhouse/ central core of the body, including abdominal muscles. Drawing on core-focused exercise models, this portion of the course enables participants to increase functional muscle strength. For the last 30-40 minutes of class, focus will be on using Yoga-based gentle stretches to release tension, gradually increase flexibility, and prepare the body and mind for five to 10 minutes of relaxation. Instructor: Walter-Ashby

138314-Class Code M 9/14 - 12/14 10:15 am - 11:15 am \*No class 10/12, 11/2 & 12/7 Neveln Room 303 \$33

#### Piloxing

Unleash your inner Rocky while feeling like you're in a scene from *Flashdance*! This latest Hollywood craze is a non-stop, interval fusion style of standing pilates, boxing and dance that is a fat torching, muscle sculpting, calorie burning workout. Sculpt your muscles and increasing your ability to balance while improving overall flexibility. Maximize your work-out with optional weighted gloves which add to



the workout by toning the arms and maximizing cardiovascular health. This class will leave you feeling sleek, sexy and powerful! Bring a mat or towel. Optional weighted gloves. Instructor: Royal

138320-Class Code Sat 10/31 - 12/12 8:15 am - 9:15 am \*No class 11/28 11/7 class will be held at Crocker Prairie Trail Lunchroom \$36



#### Stress Management -Online

Stress isn't the enemy. It is our perceptions of stress that amp our anxiety and use up all our steam. Events happen every day. How we interpret those events can set the stage for how we feel and how we react to others. Reducing stress is as easy as understanding what stress is, understanding what stress is to you, and using that knowledge to restructure your thoughts. Turn stress into a stepping stone, not a stumbling block! One-month course. More courses available. View and register at www.yougotclass. org/catalog.cfm/Ankeny.

#### Tae Kwon Do

What are the benefits of Tae Kwon Do for you and your family? Quite simply - tons! Physical fitness, weight control, increased concentration span, self-

esteem, stress relief and personal protection skills. With an experienced instructor. you will learn the art of traditional Tae Kwon Do, as well as physical fitness, weight control, increase concentration span, self-esteem, stress relief and personal protection. Ages six and older. Family fun. This class will be held on Monday and Thursday unless communicated by instructor. Instructor: Martial Arts America

138372-Class Code M/Th 8/24 - 10/15 6:15 pm - 7:15 pm 9/7 class will be held on 9/8 Crocker Gym \$60

138495-Class Code M/Th 10/19 - 12/10 6:15 pm - 7:15 pm 11/26 class will be held on 11/24 Crocker Gym \$60

#### Tai Chi for Health

Are you looking to reduce stress, increase balance and flexibility and while helping to improve your overall mind and body function? Join Tai Chi also called mediation in motion. Each class session includes: warm-ups and cool down, while learning basic core movements followed by more advanced movements with direction changes to add challenge. You will be taught in a series of gentle, graceful movements linked together in a continuous sequence with each movement flowing into the next. If you suffer from any muscular/ skeletal disorder, this may be helpful to you. The Centers for Disease Control and Prevention (CDC) endorses this program by Dr. Paul Lam as "Fall Prevention" for all ages. Instructor: Johnston

> 138519-Class Code Tu/Th 9/8 - 10/29 9:00 am - 10:00 am Neveln Room 303 \$40

138553-Class Code Tu/Th 9/8 - 10/29 6:00 pm - 7:00 pm Neveln Room 204 \$40 138554-Class Code Tu/Th 11/10 - 12/22 9:00 am - 10:00 am \*No class 11/26 Neveln Room 303 \$30

138555-Class Code Tu/Th 11/10 - 12/22 6:00 pm - 7:00 pm \*No class 11/26 Neveln Room 204 \$30

#### Yoga - Chair Yoga

The gentlest form of yoga is available for you though experienced instructor! If you have physical limitations that prevent you from easily moving up and down to the floor, this class is for you. You will be stretching and moving in a chair, as well as standing next to it. This class is for anyone who cannot, or prefers not to exercise on the floor. You will incorporate relaxation, breathing techniques and gentle stretching. Yoga poses covered in other yoga classes will be done with the use of a chair. Instructor: Walter-Ashby

138558-Class Code M 9/14 - 12/14 9:00 am - 10:00 am \*No class 10/12, 11/2 & 12/7 Neveln Room 303 \$33

138559-Class Code W 9/16 - 12/9 9:00 am - 9:50 am \*No class 10/28 & 11/25 Neveln Room 303 \$30

#### Yoga - Gentle Yoga

Gentle flow yoga utilizes Hatha Yoga practices that encourage proper alignment of the body. You will receive excellent instruction for increasing flexibility, developing strength, improving body awareness, building concentration and calming the mind. Poses will be modified for many levels of ability, although designed for mature students. Meditation, breathing techniques and energy centers will also be explored. Bring a thin yoga sticky mat and water bottle. Instructor: Vance

138560-Class Code Tu 9/1 - 12/8 10:00 am - 11:00 am Neveln Room 303 \$45

138561-Class Code F 9/4 - 12/11 9:00 am - 10:00 am \*No class 11/27 Neveln Room 303 \$42

#### Yoga - Mind and Body

Yoga is perfect for today's busy lifestyle, as it creates a mind-body connection by developing strength, concentration and flexibility. You will practice the basic poses while releasing physical and emotional stress to reach optimal physical health and a state of peace. Whether you are a beginner or a regular, this course will surely enhance your personal growth. Bring water bottle, yoga sticky mat and blanket or towel. Optional: bring blocks, stretch strap or other props.

Instructor: Walter-Ashby

138562-Class Code W 9/16 - 12/9 1:00 pm - 2:00 pm \*No class 10/28 & 11/25 Neveln Room 303 \$33

138563-Class Code Sun 9/20 - 12/13 6:30 pm - 7:30 pm \*No class 10/11, 10/25, 11/1, 11/29 & 12/6 Prairie Trail Lunchroom \$24

"The Yoga instructor keeps it interesting and geared to our abilities."

#### Zumba® Gold

Get grooving at your own pace! This is the easy-to-follow program that lets you move to the beat at your own speed. It's an invigorating. community oriented dance-fitness class that feels fresh. and most of all. exhilarating. Zumba Gold® provides modified. low-impact moves by breaking down the Zumba® concept to address the anatomical and biomechanical needs of active older adults or the unconditioned beginner. Instructor: Walter-Ashby

138564-Class Code Sun 9/20 - 12/13 5:30 pm - 6:15 pm \*No class 10/11, 10/25, 11/1, 11/29 & 12/6 Prairie Trail Lunchroom \$24

#### History

#### Genealogy - Course 1 - Online

Trace your family history. The instructor can work with you one-on-one. Those who prefer a faster pace are able to do so because the course is self-paced. It covers charts, forms and how to acquire information for them. Also learn about popular genealogical sites, surnames, search engine tips, mailing lists photographs, organizing your data, and comparing computer software. Instructor: BDG Online

138568-Class Code 9/16 - 10/16 \$40

#### Genealogy - Course 2 - Online

Find the unusual and miscellaneous information you need in this second step of

your genealogical search.

Discover new research tools and where to look in vital records for births, adoptions, marriages and deaths. Use census, tax, land records, maps, gazettes, atlases,

city directories, county histories and military records to trace lineage. Specific tips will be provided for searching Native American, African American, Hispanic and religious groups. Instructor: BDG Online

138585-Class Code 10/29 - 11/28 \$40

Holocaust

Yom Hashoah. What are some of the most significant lessons to learn from the Holocaust? Learners will be provided with a variety of resources beginning with anti-Semitism, the rise of Nazism and the creation of the state of Israel. You will take an in-depth look at the various rolls of individuals, perpetrators, victims, collaborators and bystanders, while comparing them to today's problems of indifference, bullying, prejudice and discrimination. Participants will witness some of the darkest hours of humanity and also hear some of the greatest acts of kindness. Special guest appearance from one of the last living camp survivors in Central Iowa, along with a tour of the Iowa Holocaust Memorial. (transportation not provided). Age 18+. Instructor: Wilkening

138587-Class Code Th 10/29 - 11/19 6:15 - 7:45 pm Northeast Room 104 \$25.00



#### Researching Public Records - Online

Have you ever wanted to look up some information on your ancestors? Find out the ownership history of a certain piece of property in your town? Want to know if a potential employee, tenant or companion has a criminal background? With this course, vou will learn how to utilize free or low-cost websites and gather the information you seek without hiring an expensive (and sometimes unreliable) third-party research firm. One month course. More courses available. View and register at www.yougotclass. org/catalog.cfm/Ankeny.

#### Home & Gardening

#### **Composting - Online**

Water conservation and recycling awareness has made xeriscaping and composting very popular in the gardening and landscape arena. One-on-one online instruction will help beginners learn about the composting process. Instructor: BDG Online

138590-Class Code 9/24 - 10/24 \$40

#### Music

#### Instant Guitar

Have you ever wanted to learn to play the guitar but time and money for private lessons has kept you away? Then this class is for you! This one-time two-anda-half-hour class will teach all the basics of playing the guitar so you can play your favorite songs right away. No past experience with music or the guitar is required. Designed for beginners, the emphasis is on having the correct tools and instruction to have fun learning chords and strumming patterns, not technical perfection. This inter-active, fun class uses an easy-to-use instruction manual and plenty of hands-on experience to help you feel comfortable knowing you have the proper tools and instruction to enjoy your guitar for years to come. It's never too late to learn. Bring your acoustic guitar. Instructor: Buntenbach

138591-Class Code Tu 11/10 6:00 pm - 8:30 pm Prairie Ridge Room 350 \$45

Register for a class today!



http://ankeny.revtrak.net/tek9.asp

Want to register for a class? See page 19 for instructions!

#### Nutrition



Sneak fruits or vegetables into any meal without sacrificing flavor! It can be hard to meet the daily recommended fruits and vegetable servings, but we can show you how hiding these can be easier than you think. Ages 18+.

Instructor: Ankeny Prairie Trail Hy-Vee Dietitian

138613-Class Code M 10/26 6:00 pm - 7:00 pm Prairie Trail Hy-Vee \$20



The holidays are the perfect time to throw a cocktail party! A successful cocktail party is all about presentation, flavor and fun. Learn party planning tips and tricks while attending one! In this class, you will sample a variety of cocktail and appetizer recipes while walking away with the knowledge to throw a holiday festive of your own. We will also discuss chef tips for affordable recipes, food prep shortcuts and easy ideas for the busy party host. Simplify and expand your enjoyment of holiday entertaining. Join us for a festive and flavorful good time! Ages 18+.

Instructor: Ankeny Prairie Trail Hy-Vee Dietitian

138606-Class Code Th 11/12 6:00 pm - 7:00 pm Prairie Trail Hy-Vee \$30



#### Easy Holiday Entertaining For The Busy Host - Part 2

Getting ready for your holiday house guests or looking to ease the holiday feast workload? Learn chef and dietitian shortcuts and time-saving tips. In this class, we will "talk turkey", prepare festive recipes and show easy breakfast ideas for crowds. Recipes and handouts will be provided to create a memorable holiday meal. Ages 18+. Instructor: Ankeny Prairie Trail Hy-Vee Dietitian

138611-Class Code Th 11/19 6:00 pm - 7:00 pm Prairie Trail Hy-Vee \$30

#### **Slow Cooker Meals**

There can be nothing more welcoming than the savory smell of food simmering in your slow cooker. It is possible to make an entire multi-course meal in the slow cooker! Learn how to make low-cost, healthy meals. Save money and time with a slow cooker. Demonstration and recipes! This program includes a 20-page cookbook. Instructor: ISU Extension Specialist Mary Krisco, RD

138614-Class Code Th 10/29 6:30 pm - 8:00 pm Parkview Room 105 \$15



#### What's On Your Plate

*MyPlate* is the newest food icon that helps you visualized the proportion each food group should contribute

to your plate. Learn tips to use this government website effectively located at www.choosemyplate.gov. Instructor: ISU Extension Specialist Mary Krisco, RD

138618-Class Code Th 10/8 6:30 pm - 8:00 pm Parkview Room 105 \$15

#### Photography

#### Photo Editing - Basics - Online

Learn to do interesting things with your digital/scanned pictures in this online course. Create high-quality photographs and digital images for a variety of applications. Practice basic editing techniques, play with advanced editing skills and prepare images to be web-ready. One-on-one interaction with the instructor is available. Instructor: BDG Online

138619-Class Code 10/16 - 11/15 \$40

#### **Professional Development**

#### **Interview Skills - Online**

Acquire new skills in job interviewing. Sign up if you want to improve your chances for being hired for a position, as well as if you are a leader who wants to improve the results of your hiring practices. A recent study by The Society of Human Resource Management (SHRM) found that up to 75% of employee performance issues can be directly identified during the interview process. This class will help you identify the "red flags" during the interview. One month course. More courses available. View and register at www. yougotclass.org/catalog.cfm/ Ankeny.



#### nErDcampIA

A new, unique and free continuing education event for teachers! nErDcampIA is designed differently than your typical conference. It's an (un)conference, with a focus on literacy in learning. nErDcampIA sessions are **not** 'sit and get' presentations. They are about discussion, thinking and problem-solving. Ankeny Schools is bringing this opportunity to teachers, so they can share their expertise. Together we build the agenda first thing in the morning and then spend the rest of the day sharing, brainstorming and collaborating. Come prepared to participate! Interested and want more information? Go to www. nerdcampia.com and check out last years' experience! Instructor: DeJong

138664-Class Code Sat 10/24 7:30 am - 1:00 pm Southeast Elementary School \$FREE

"nErDcampIA was a perfect example of how we get inspired and bring tools directly to the classroom."

### Online Learning and Teaching for K-12 Teachers - Online

Discover the fascinating world of online learning and teaching. Specifically for K-12 teachers, you will find out why and how your students learn online. Find out about all the wonderful eTools being used, from drag-and-drop games to virtual labs. Then, find out how you can begin to use the web in your own teaching. See why web-enhanced courses are being introduced in K-12 schools. Then, take home online strategies for helping your students to learn more and preparing them for the workplace. One month course. More courses available. View and register at www.yougotclass. org/catalog.cfm/Ankeny.

### Social Media and Online Tools for K-12 Teachers - Online

Facebook, Twitter, YouTube, it's seems everyone, including your students, talk about ways the Internet lets them stay in touch and see what others are doing. Since many of your students are already there, have you been curious if any of these tools might keep them engaged in your class? Do you ever wonder if there might be some time-effective ways to communicate with their parents? GoogleDocs, Adobe ConnectNow, iGoogle, Flicker, animoto, earth album, Teacher Tube, blogs, virtual labs and yes, even Facebook and Twitter can help you add dimension and interest to your class. Discover tips to use a variety of social media and online tools to help your students. You will also spend some time discussing ways to overcome resistance you might encounter in using these programs. For any teacher interested in social media,

from beginners to advanced social networkers. One month course. More courses available. View and register at www.yougotclass. org/catalog.cfm/Ankeny.



Class, turn your cell phones - - on! Most of your students have cell phones, and now you can use this valuable tool in your classroom to engage and involve your students more in their learning. Discover how to implement cell phones in your classroom from a teacher who has done it successfully. Come away with a step-by-step how-to plan on enhancing your students' learning, and your teaching. One month course. More courses available. View and register at www. yougotclass.org/catalog.cfm/ Ankeny.

#### **Special Interest**



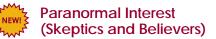
#### Iowa Capitol Tour

Tour our beautiful Iowa Capitol and be greeted by Iowa House Representative Kevin Koester and the Governor (or his designee)! You will take a tour of the Capitol, to include the option of a special

climb up the 299 stairs to the top of the dome. This tour is not generally available to the public. Stepping outside above the dome will be subject to the weather. The dome tour is for adults and youth above age five, with written parent permission. For those with fear of heights or challenge with many steep stairs. an alternative tour includes the Governor's formal office and the

amazing display model of the USS Iowa. Transportation not provided. Registrations are limited. Ages 7+. Instructor: Koester

138670-Class Code M 10/12 10:00 am - 12:00 pm Iowa State Capitol Building \$5



This course is not to scare, but to educate anyone who has an interest in a real ghost hunt; the do's and the don't, as well as the equipment used. Skeptics and believers join us for a venture in discovery! Ages 16+.

Instructors: Spooner

138680-Class Code F 9/25 6:00 pm - 8:00 pm Neveln Dining Room 106 \$50

### **Youth Enrichment**

#### Arts & Crafts



Join us for an unforgettable experience that is 'oh so sweet'! Your little artist will be inspired and guided step-by-step through a featured painting! Additional material fee of \$20.00 will be collected at class. Instructor: Bulldog Ceramics

138688-Class Code Sun 10/11 1:00 pm - 3:00 pm Bulldog Ceramics \$5

138690-Class Code Sun 11/15 1:00 pm - 3:00 pm **Bulldog Ceramics** \$5

138692-Class Code Sun 12/13 1:00 pm - 3:00 pm **Bulldog Ceramics** \$5



### **Halloween Fun**

Get ready for Halloween with scaryfun art. All materials included. Grades K-4. Instructor: Ankeny Art Center

138729-Class Code Sat 10/24 1:00 pm - 2:30 pm **Ankeny Art Center** \$15



#### **Holiday Ornaments**

Get together and have some fun making glass and tin holiday ornaments to take home. Grades K-8. Instructor: Ankeny Art Center

138730-Class Code (Grades K-4) Sat 12/5 10:00 am - 11:30 am **Ankeny Art Center** \$15

138732-Class Code (Grades 5-8) Sat 12/5 1:00 pm - 2:30 pm Ankeny Art Center \$15



#### Introduction To Woodworking

Get the kids off the couch, away from their phones and into the shop, to learn how to build a project of their very own. Our shop will educate your child on the fundamentals of woodworking and tool safety. Each child will be given the materials and instructions to confidently construct a project that they will be proud to show off to friends and family. Ages 12-17. Instructor: DIY Woodshop

138989-Class Code Sat 10/10 9:00 am - 12:00 pm DIY Woodshop \$85



# Parent/Child Autumn

Come and play! Enjoy projects in several media inspired by autumn. Instructor: Ankeny Art Center

137950-Class Code Sat 10/24 10:00 am - 12:00 pm Ankeny Art Center \$20

#### **College Preparation**

#### **ACT Preparation Seminar**

In this competitive college environment, even a modest score increase is a significant advantage for admissions and scholarship opportunities. Students who complete a ZAPS seminar(s) and practice the tips and strategies at home typically raise their scores on the ACT two to four points.

In a five-hour ZAPS testpreparation seminar, your student will learn tips for improvement, practice strategies, prepare to write a well-organized persuasive essay, take shortened practice tests and reduce test anxiety while gaining

confidence. Your student will also receive a comprehensive study guide and practice-test workouts.

Please bring two pencils and a calculator to the seminar. All class codes include the same material. Instructor: ZAPS Learning Company

#### Ankeny Centennial High School

138742-Class Code W/Th 9/16 & 9/17 4:00 pm - 6:30 pm Room 1109 & 1110 **\$90** 

138743-Class code W/Th 9/16 & 9/17 7:00 pm - 9:30 pm Room 1109 & 1110 \$90

138774-Class Code W/Th 12/9 & 12/10 4:00 pm - 6:30 pm Room 1109 & 1110 \$90

138776-Class code W/Th 12/9 & 12/10 7:00 pm - 9:30 pm Room 1109 & 1110 \$90

#### **Ankeny High School**

138780-Class Code W/Th 9/9 & 9/10 4:00 pm - 6:30 pm **Room 2101** \$90

138781-Class code W/Th 9/9 & 9/10 7:00 pm - 9:30 pm Room 2101 **\$90** 

138782-Class Code W/Th 12/2 & 12/3 4:00 pm - 6:30 pm Room 2101 **\$90** 

138783-Class code W/Th 12/2 & 12/3 7:00 pm - 9:30 pm Room 2101 \$90

> " I feel so much more confident about taking the ACT!"



Study Smart

Your guide to high school success through efficient study skills. The transition to high school is challenging and frustrating for students who don't develop good study skills. Doorway to College Foundation's Study Smart class provides ninth and tenth graders with powerful techniques to make studying effective, efficient, and even fun. In the two-and-a-halfhour interactive session, your students will learn helpful tips to understand their learning style. minimize distractions, set realistic and achievable goals. Students will get organized, take effective notes, build a strong vocabulary, read for comprehension, ask effective questions, identify what's important, memorize effectively, deal with school anxiety, manage time and set boundaries. Instructor: ZAPS Learning Company

#### Prairie Ridge Middle School

138803-Class Code M 9/14 4:00 - 6:30 pm Prairie Ridge Middle School Rooms 271 & 272 \$59

138805-Class Code M 9/14 7:00 - 9:30 pm Prairie Ridge Middle School Rooms 271 & 272 \$59

#### Southview Middle School

138833-Class Code Tu 9/15 4:00 - 6:30 pm Southview Middle School Rooms 1208 & 1210 \$59

138836-Class Code Tu 9/15 7:00 - 9:30 pm Southview Middle School Rooms 1208 & 1210 \$59

#### **Entertainment Arts**

#### **Iowa Circus Academy**

Want to learn amazing new skills that will impress

your friends and family? Come and learn circus arts from a real circus performer. You will try out fun activities like juggling, hooping, balancing, aerial and floor acrobatics and even roll around in a human-sized hamster ball! Sign up today for an experience you won't find anywhere else! Grades 1-8. Website: iowacircusacademy.com. Instructor: Iowa Circus Academy

138843-Class Code (Grades 1-5) Tu 9/29 - 11/3 3:30 pm - 5:00 pm Northwest Gym \$45

138850-Class Code (Grades 6-8) Tu 9/29 - 11/3 5:15 pm - 6:45 pm Northwest Gym \$45

#### Fitness/Wellness

#### Tae Kwon Do

What are the benefits of Tae Kwon Do for you and your family? Quite simply - tons! Physical fitness, weight control, increased concentration span. self-esteem. stress relief and personal protection skills. With an experienced instructor, you will learn the art of traditional Tae Kwon Do, as well as physical fitness, weight control, increase concentration span, selfesteem, stress relief and personal protection. Ages six and older. Family fun. This class will be held on Monday and Thursday unless communicated by instructor. Instructor: Martial Arts America

> 138372-Class Code M/Th 8/24 - 10/15 6:15 pm - 7:15 pm Crocker Gym \$60

138495-Class Code M/Th 10/19 - 12/10 6:15 pm - 7:15 pm 11/26 class will be held on 11/24 Crocker Gym \$60

#### Yoga for Kids Splash

Experience *Yoga for Kids* along with your child in this one-time splash event! Join us for this introductory opportunity to find out if Yoga for Kids will be a fit for your child in the future. You will see first-hand that these classes are geared to be light-hearted and focused on kids. All you will need to bring is yourself and your child to experience fun, music, stories and traditional poses. Open to any level of experience ages 3+ who must be accompanied by an adult. Mom or dad aren't available - send grandma or grandpa! Instructor: Bonfils

138854-Class Code Sat 10/24 9:00 am - 10:00 am Rock Creek Gym \$15.00 per family

#### Zumba Kids®

Zumba Kids® is a dance-fitness workout designed exclusively for kids that gets everyone moving and having fun! The class is not a mini-adult Zumba class, but designed especially for kids! Kids will enjoy learning basic routines, playing games and free-style dancing, all designed to let kids max out on fun. It's an exciting exercise class for boys and girls! Parents love Zumba Kids® because of the effect it has on kids. increasing their focus and selfconfidence, boosting metabolism and enhancing coordination. No prior dance or fitness experience is needed! Instructor: Royal

138856-Class Code Sat 10/31 - 12/12 9:30 am - 10:30 am \*No class 11/28 Prairie Trail Lunchroom \$48

#### Nutrition

#### **Healthy Kids**

Cultivating values to develop skills and relationships that lead to positive behaviors and better health is important in building strong, healthy families. The Healthy Kids Program helps families learn, grow, and thrive together. The twelve-week session provides a foundation for a lifetime to Y members and non-Y members, addressing critical gaps in family health management. You will be provided with weight management through increased daily physical activity, alongside meal plans with family-tested recipes. Non Y members will

pay \$30 per session. Sessions described on website. Instructor: Ankeny YMCA. For questions about this program email emily.biala@dmymca.org **Register at www.dmymca.org** 

Tuesdays 6:15 pm - 8:15 pm Northwest Gym & Lunchroom

Thursdays 5:30 pm - 7:00 pm Ankeny YMCA

#### Holiday Goodies by Little Chefs

It seems that each year the holiday decorations go up earlier and the trees get trimmed sooner. If you've got kids in your house who are readv to get a jumpstart on baking or cooking

for the holidays, kids ages five and up can get into the holiday spirit together as we make up to four favorite holiday treats. Each child will take home recipes and tasty treats to eat or share! Instructor: Ankeny Prairie Trail Hy-Vee Dietitian

138859-Class Code Sat 11/21 10:00 am - 11:00 am Prairie Trail Hy-Vee \$15

> *"A real world experience was provided..."*

#### **Special Interest**

#### **Babysitting Clinic**

Help your child be a "rockin" great babysitter by expanding their skills and confidence to provide safe and responsible care when asked to babysit. Designed for students in fifth grade and above, this clinic teaches basic first aid, how to handle emergency situations, caring for infants and young children, meal prep, playtime, what parents expect and much more. Upon completion of the clinic, you will receive a Babysitting Clinic Certificate. Cost of the program includes lunch, as well as, some babysitting essential items. This class is for both boys and girls. Grades 5-12. Instructor: ISU Extension Educator Katie Martin.

138860-Class Code Sat 11/7 9:00 - 3:00 pm Parkview Room 105 \$30

Iowa Capitol Tour

Tour our beautiful Iowa Capitol and be greeted by Iowa House Representative Kevin Koester and the Governor (or his designee)! You will take a tour of the Capitol, to include the option of a special climb up the 299 stairs to the top of the dome. This tour is not generally available to the public. Stepping outside above the dome will be subject to the weather. The dome tour is for adults and youth above age five, with written parent permission. For those with fear of heights or challenge with many steep stairs, an alternative tour includes the Governor's formal office and the amazing display model of the USS Iowa. Transportation not provided. Registrations are limited. Ages 7+. Instructor: Koester

138670-Class Code M 10/12 10:00 am - 12:00 pm Iowa State Capitol Building \$5



#### Paranormal Interest (Skeptics and Believers)

This course is not to scare, but to educate anyone who has an interest in a real ghost hunt; the do's and the don't, as well as, the equipment used. Skeptics and believers join us for a venture in discovery! Ages 16+. Instructors: Spooner

138680-Class Code F 9/25 6:00 pm - 8:00 pm Neveln Dining Room 106 \$50

#### S.T.E.M. - Science, Technology, Engineering, Mathematics



### Bricks 4 Kidz<sup>®</sup> - Clash of Bricks

Gather your barbarians and archers! It's time for a Bricks 4 Kidz® style battle! Experience the thrill of building battle barbarians, bomb launchers, and of course, our archery model. Join the fun today! Ages 7+. Instructor: Bricks 4 Kidz®

138863-Class Code F 11/6- 11/20 4:30 - 5:30 pm Neveln Dining Room 106 \$30

> *"This program, Bricks 4 Kids, truly captivates young minds!"*



#### Bricks 4 Kidz<sup>®</sup> -Classic Arcade Brick Adventures

Let's take it back to when it began and jump into the world of classic arcade and video games! During this session. kids will build exciting models like a brick eater, alien invaders and more! Can you guess which classic these models represent? Join the fun! Ages 6+. Instructor: Bricks 4 Kidz®

138864-Class Code F 9/11- 9/24 4:30 - 5:30 pm Neveln Dining Room 106 \$30



#### Bricks 4 Kidz® - Extreme Expedition Brick Adventures

Form a team to face the challenge of our extreme expedition brick adventures. Face the challenges of building forces of nature, rescue vehicles and construction equipment. Do you have what it takes to face our extreme brick adventures? Ages 7+. Instructor: Bricks 4 Kidz®

138866-Class Code F 12/4- 12/18 4:30 - 5:30 pm Neveln Dining Room 106 \$30



Get ready for an adventure in the world of Pokemon® and Lego® Bricks. Tap your inner engineer as we build interesting models like our kite flyer, dragon and poke ball. Show off your skills as you build and battle for power! Do you have what it takes to become a Pokemon® Master? Ages 6+. Instructor: Bricks 4 Kidz®

138867-Class Code F 10/2 - 10/23 4:30 - 5:30 pm Neveln Dining Room 106 \$30

#### **Exploring STEM in Ankeny**

Build, move and learn as your child grows in understanding of (S.T.E.M.) Science, Technology, Engineering and Math. Second and third graders will focus on an activity entitled: "Down and Dirty", which centers on geology. Your child will get hands on studies in rocks and minerals, as well as the chance to set off a volcano and much more. Fourth and fifth graders will work on an activity entitled: "3-2-1 Launch", this will center around scientific rules and principles and their relation to aerodynamics and flight. They will get handson activities and build their own rocket (launch date TBA). Sessions will be limited to 60 youth for each activity. Instructor: Boy Scouts of America

138868-Class Code (Grades 2-3) Sat 9/12 9:00 - 12:00 pm East Gym and Lunchroom \$22 - Non Members \$12 - Members 138869-Class Code (Grades 4-5) Sat 9/12 9:00 - 12:00 pm East Gym and Lunchroom **\$22 - Non Members** \$12 - Members



Mad Science -**Forensics Science** 

Discover the evidence at crime scenes and learn how different security processes

aid in preventing the crimes in the first place! We will cover topics from the likes of Who Dun It. Science of Security, Discover Detection. Crime Lab and

Agent Undercover. Your child will receive two take homes each time we meet. Grades 3-5. Instructor: Mad Science

138872-Class Code Th 9/17 - 9/24 4:00 - 6:00 pm **Neveln Dining Room 106** \$45

138955-Class Code Th 10/15 - 10/22 4:00 - 6:00 pm **Neveln Dining Room 106** \$45

138956-Class Code Th 12/3 - 12/10 4:00 - 6:00 pm **Neveln Dining Room 106** \$45



#### Mad Science -**Sampling Science**

Here is a nice "sample plate" of science topics for your budding scientist! We will cover topics from the likes of Sonic Sounds, Science of Detectives, Outer Space Phenomena, Minerals and Elements, Engineering "Gizmos", and Engineering "Gadgets". Your child will receive two take homes each time we meet. Grades K-2. Instructor: Mad Science

138958-Class Code Th 9/17 - 9/24 4:00 - 6:00 pm **Neveln Dining Room 106** \$45

> 138960-Class Code Th 10/15 - 10/22 4:00 - 6:00 pm **Neveln Dining Room 106** \$45

138962-Class Code Th 12/3 - 12/10 4:00 - 6:00 pm **Neveln Dining Room 106** \$45

> Want to register for a class? See page 19 for instructions!

### Late Registrations

Do not delay or your favorite course may go away! Course cancellations happen if there aren't enough registrations. Please register at least one week prior to the start of the course to ensure the success of the course!

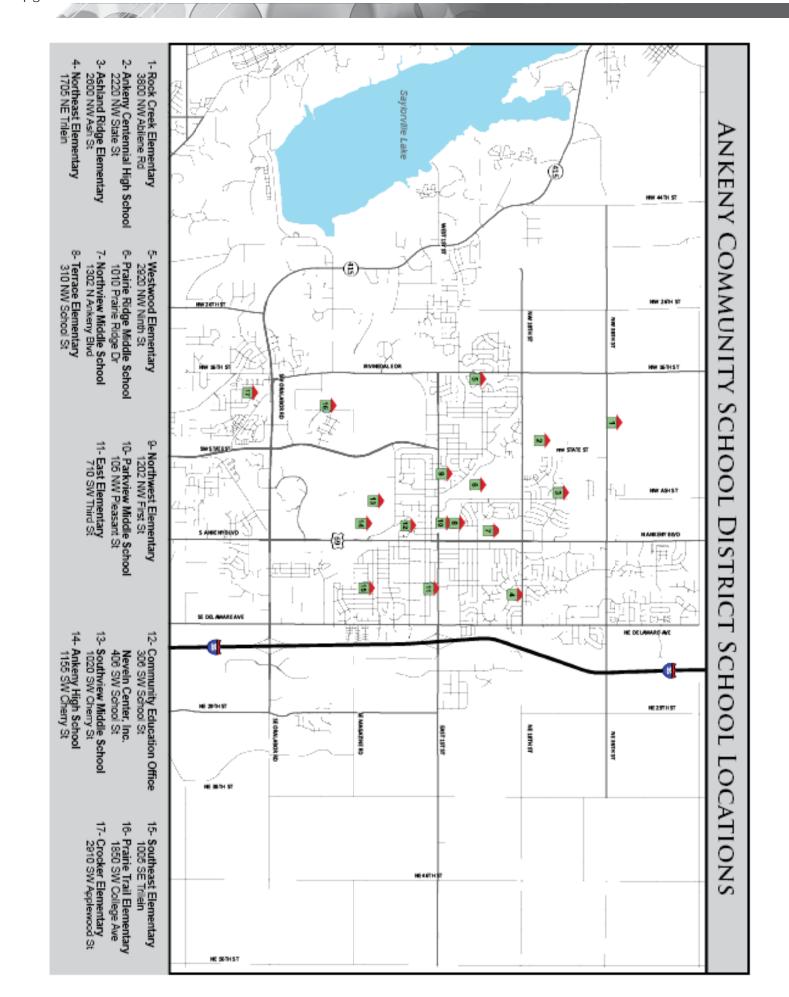
### Ankeny vBackpack



The Ankeny vBackpack provides district families the opportunity to view non-school flyers as a service to the community. To view the school board policy visit the **Community Education website** under Resource Links.



The Board of Education actively seeks to promote and respond to the educational, recreation. civic, and cultural needs of the total community. To see how you may rent a facility visit the **Community Education website** under Components.



pg 18

# Don't wait - register now!

### Four ways to register:

#### Online ...

You can access up-to-date program information 24 hours a day, 7 days a week. There are only a few steps to follow for easy, online registration. When you provide your e-mail, you will receive a registration confirmation.

Step 1: ankeny.revtrak.net/tek9.asp Step 2: Click on the typing icon Step 3: Click on enrichment link Step 4: Register by placing classes in the cart

Step 5: Check out by using credit card

#### In person ...

Ankeny Community Education Office is at 306 SW School Street. Registration hours are Monday through Friday, 7:30 am to 4:30 pm. Checks payable to Ankeny Community Schools. Credit card payment online only.

#### By phone ...

Phone-in registrations are accepted at 289-3960. Please mail a check or drop check/cash by the Community Education Office once registered by phone. Credit card payment online only.

#### By mail ...

Ankeny Community School District c/o Community Education 306 SW School Street Ankeny, Iowa 50023

#### **Register early!**

- Registration is required for all classes and is taken on a first-come, first-served basis.
- Some classes fill quickly, so please register early to ensure you reserve a spot.
- If registering close to the start of class, call or check the website to confirm that space is still available.

#### **Confirmation of registration**

Once you have submitted your registration form, you are registered for the class unless notified otherwise. To help keep our classes reasonably priced, we do not send out confirmation notices by mail. If you register online, you do receive an e-mail confirmation.

#### Refunds

Request for refund must be done two weeks prior to the start of the class. There is a \$10 administration fee per class on all refunds.

#### Weather cancellations

Classes will automatically be cancelled on days when Ankeny Schools are closed due to weather. School cancellations are posted at www.ankenyschools.org. Classes cancelled because of weather will be made up whenever possible.

*Student Name							
*Address		*City, State * Zip					
*Day Phone	*Cell P	*Cell Phone *Evening I			vening Phone	Phone	
*E-mail		Birthdate					
How did you hear about us?	Catalog	Website	Friend	Flyer	Other		
1. Class Name		Code	Cla	ass Begins _	<u>   </u>	_ Fee \$	
2. Class Name		Code _	Cla	ass Begins _	//	_ Fee \$	
3. Class Name		Code	Cla	ass Begins _	//	_ Fee \$	
Total of fees \$ *Please make checks payable to Ankeny Community School District.*							
Method of Payment							
Check No.							
Photo Permission							
Occasionally photos may be taken of participants in the classes for future marketing. Participants desiring their names/ photograph not to be used for marketing must notify Community Education in writing at the time of registration.							

# **Class Locations**

Ankeny Art Center 1520 SW Ordnance Road

Ankeny High School 1155 SW Cherry Street

Ankeny Centennial High School 2220 NW State Street

Ankeny YMCA 1102 N Ankeny Boulevard

Bulldog Ceramics 613 S. Ankeny Blvd., Ste. A

Crocker Elementary 2910 SW Applewood Street

DIY Woodshop 2665 SE Oak Tree Court

East Elementary 710 SE 3rd Street

Fitness World Prairie Trail 1450 SW Vintage Parkway

Neveln Center Inc. 406 SW School Street

Northeast Elementary 1705 NE Trilein Drive

Northview Middle School 1302 N Ankeny Boulevard

Northwest Elementary 1202 West First Street

Parkview Middle School 105 NW Pleasant Street

**Prairie Ridge Middle School** 1010 NW Prairie Ridge Drive

Prairie Trail Elementary 1850 SW College Avenue

Prairie Trail Hy-Vee 2510 SW State Street

Rock Creek Elementary 3800 NW Abilene Road



### Attention High School Sophomores:

The Ankeny Community School District needs your voice to help shape the future of our community! Share your opinions as a youth representative on the Community Education Advisory Council, and join community leaders in shaping programs and projects to meet the needs of Ankeny citizens. This committee meets on the fourth Thursday of each month. Pick up an application at your school guidance department when school starts! Questions? Call Ankeny Community Ed at 515-289-3960.

# Faith and Education Winter Donation (FEWD):

Faith and Education Winter Donation (FEWD) is in its second year serving Ankeny students with warm clothing. FEWD, organized by Project Fresh Start and supported by the Ankeny Community Education Department, is accepting cash donations at this time to support FEWD and other programming hosted by this all-volunteer committee.

Please look online at www.ankenyschools.org at the beginning of the school year for more details about making a donation or how to receive a donation.



### Register for a class today!

http://ankeny.revtrak.net/tek9.asp

Ankeny Community School District does not discriminate based on race, color, creed, religion, national origin, sex, gender identity, age, disability, marital status, sexual orientation, physical attributes, physical or mental ability or disability, ancestry, political party preference, military affi liation, socioeconomic status, or familial status. Inquiries and grievances may be directed to Jenifer Owenson J.D., Cheif Human Resources Officer,, 306 S.W. School Street, P.O. Box 189, Ankeny, Iowa 50021-0189, (515) 965-9600, or the U.S. Equal Employment Opportunities Commission, 500 West Madison Street, Suite 2000, Chicago, IL 60661.